



# BREAKFAST-BRUNCH

SERVED UNTIL 10:30 MON-FRI  
& UNTIL 2:00PM SAT/SUN

## Savory

### QUICHE OF THE DAY 15

Crustless, delectable cheesy egg custard, baked to perfection. Ask for today's flavor. Served with dressed field greens.



### LOADED BREAKFAST 12

#### PANINI WRAP

Scrambled eggs,<sup>1</sup> seasoned potatoes, grated cheese blend, avocado, sour cream, mild tomato salsa. Add bacon +2.95



with freshly prepared chickpea "eggs" (chickpea flour, black salt) & vegan mozzarella

### AVOCADO TOAST 10

Avocado mash on seeded grain bread, sprinkled with black sesame seeds, cherry tomato halves, EVO and Balsamic drizzle.



Add egg<sup>1</sup> (scrambled, sunny side up, hard boiled, soft boiled, poached, or basted) +2.25 Add bacon +2.95

### START INTO THE DAY 12

#### PANINI WRAP

Spinach & arugula mix, tomato, choice of scrambled eggs/whites,<sup>1</sup> feta or goat. Served with root vegetable chips.



with freshly prepared chickpea "eggs" (chickpea flour, black salt) & vegan mozzarella

<sup>1</sup> CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH, OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS, ESPECIALLY IF YOU HAVE CERTAIN MEDICAL CONDITIONS.

WE DO OUR BEST, BUT CANNOT GUARANTEE THAT ANY OF OUR MENU ITEMS ARE ALLERGEN-FREE. SOME INGREDIENTS WE SOURCE MAY BE PRODUCED IN AN ENVIRONMENT WHERE ALLERGENS ARE PRESENT.

## Fruity & Sweet

### BAKED FRENCH TOAST 15

Available only on weekends

Custard-soaked brioche slices baked to perfection, with a delicate cinnamon-sugar crust. Served with seasonal fresh cut fruit and freshly made strawberry sauce.

### DRAGON FRUIT BOWL 14

Dragon fruit & coconut cream blended with a splash of agave syrup and banana slices until silky smooth. Topped with seasonal fresh cut fruit, our house granola blend, coconut flakes, & chia seeds.



CONTAINS NUTS

### AÇAÍ SUPER FOOD BOWL 14

Açaí berry pureed with banana, apple, and a splash of orange juice. Topped fresh cut seasonal fruit & our house granola blend.



CONTAINS NUTS

### MAPLE SPICE OATMEAL 10

Warm and hearty oats infused with the rich flavors of pure maple syrup and a hint of cinnamon & nutmeg. Served with seasonal fresh cut fruit.



### YOGURT WITH FRUIT 10

Creamy vanilla yogurt served with seasonal fresh cut fruit.



Add our house granola blend +2  
Add flax and chia seeds +1



CONTAINS NUTS

### PASTRIES

Check out our pastry display case for delicious fresh treats from croissants, to scones, to muffins. Selection varies.

