



BREAKFAST & BRUNCH

Savory

QUICHE OF THE DAY

14

Crustless, delectable cheesy egg custard, baked to perfection. Ask for today's flavor. Served with dressed field greens.




LOADED BREAKFAST PANINI WRAP

11

Scrambled eggs,¹ seasoned potatoes, grated cheese blend, avocado, sour cream, mild tomato salsa. Add bacon +2.95



 with freshly prepared chickpea "eggs" (chickpea flour, black salt) & vegan mozzarella

AVOCADO TOAST

10

Avocado mash on seeded grain bread, sprinkled with black sesame seeds, cherry tomato halves, EVO and Balsamic drizzle.

Add egg¹(scrambled, sunny side up, hard boiled, soft boiled, poached, or basted) +2.25 Add bacon +2.95




START INTO THE DAY PANINI WRAP

11

Spinach & arugula mix, tomato, choice of scrambled eggs/whites,¹ feta or goat. Served with root vegetable chips.



 with freshly prepared chickpea "eggs" (chickpea flour, black salt) & vegan mozzarella

¹ CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH, OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS, ESPECIALLY IF YOU HAVE CERTAIN MEDICAL CONDITIONS.

WE DO OUR BEST, BUT CANNOT GUARANTEE THAT ANY OF OUR MENU ITEMS ARE ALLERGEN-FREE. SOME INGREDIENTS WE SOURCE MAY BE PRODUCED IN AN ENVIRONMENT WHERE ALLERGENS ARE PRESENT.

Fruity & Sweet

BAKED FRENCH TOAST 15

Custard-soaked brioche slices baked to perfection, with a delicate cinnamon-sugar crust. Served with seasonal fresh cut fruit and freshly made strawberry sauce.

DRAGON FRUIT BOWL 13

Dragon fruit & coconut cream blended with a splash of agave syrup and banana slices until silky smooth.

Topped with seasonal fresh cut fruit, our house granola blend, coconut flakes, & chia seeds.



AÇAÍ SUPER FOOD BOWL 13

Açaí berry pureed with banana, apple, and a splash of orange juice. Topped fresh cut seasonal fruit & our house granola blend.



MAPLE SPICE OATMEAL 10

Warm and hearty oats infused with the rich flavors of pure maple syrup and a hint of cinnamon & nutmeg. Served with seasonal fresh cut fruit.



HELLO MORNING FRUITY 12

BRUNCH BOWL
Creamy vanilla yogurt, seasonal fresh cut fruit, chia seeds, flax seeds, and our house granola blend



CONTAINS NUTS

YOGURT WITH FRUIT 8

Creamy vanilla yogurt served with seasonal fresh cut fruit. Add our house granola blend +2



CONTAINS NUTS

PASTRIES

Check out our pastry display case for delicious fresh treats from croissants, to scones, to muffins. Selection varies.



SMOOTHIES 6.25

100% fruit & vegetables blended with orange juice; no added sugar or ice



Green: Spinach, Mango, Pineapple, Apple

Pink: Blueberry, Banana, Mandarin, Carrot

Purple: Açaí, Spinach, Strawberry, Apple, Blueberry

Yellow: Pineapple, Apple, Peach, Turmeric

Make it a smoothie bowl - add our house granola blend +2



CONTAINS NUTS

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